

## » TODAY'S PAPER » IN SCHOOL

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### DPS (North) bags 'healthy school award'

- Correspondent



Manju Balasubramanyam, principal, DPS (North) (third from right) receiving the healthy school award at the first edition of 'Parikrma Address School Health Awards'.

The standards adopted by Delhi Public School (Bengaluru North), Yelahanka, in overall wellbeing of its students, both physical and mental, have helped the school bag the 'Overall healthy school of the year' award at the first edition of 'Parikrma Address School Health Awards'.

The awards were open in 12 categories such as school with an active programme for counselling and mental health, school with an innovative health education curriculum, and school that has a 'physical activity for living' programme in place. In all, 65 schools of the city sent in their applications.

The schools were judged by a jury that consisted of child psychologists, educationists, NGO activists, and members from medical professional bodies.

The top five schools in all the 12 categories were shortlisted for the 'Overall healthy school' award. The DPS (Bengaluru North) school doctors and counsellors collated all the work they were doing at school, like, having an informed physical education programme in place, health check-ups and follow ups at school, a in-house infirmary, various workshops on cleanliness and healthy living by the school doctors and outsourced organisations, monitoring the school physical environment at regular intervals, psychological development through life skill sessions, counselling cell with four in-house counsellors and psychologists, and maintaining the safety of every child through a tight security system.

School principal Manju Balasubramanyam made the presentation to the jury.

The first edition of the event was a huge learning experience for participants and it made them understand the importance of doing more for the health and wellbeing of students, staff members, and community at large.